

MILES ATHLETE CODE OF CONDUCT & ATHLETIC POLICIES

DRUGS, ALCOHOL, AND TOBACCO

A. All athletes must enter the random drug testing program at Miles ISD. All athletes are bound by the rules and regulations of the Miles ISD Drug testing policy.

B. Alcohol and tobacco use will be dealt with as follows:

1st OFFENSE: 10 miles before they are eligible to participate in an athletic competition.

2nd OFFENSE: 20 miles before they are eligible to participate in an athletic competition plus a 1 game suspension.

3rd OFFENSE: 40 miles before returning to athletics, and are suspended from the athletic program for one calendar year.

C. Drugs will be dealt with as follows:

1st OFFENSE: 21 day suspension from athletic competition; conference with school counselor, parents, coach, athletic director, and principal; student will be retested on all random drug testing dates. 25 miles before they are eligible to participate in an athletic competition.

2nd OFFENSE: 21 day suspension from athletic competition; conference with school counselor, parents, coach, athletic director, and principal; student will be retested on all random drug testing dates. 50 miles before they are eligible to participate in an athletic competition.

3rd OFFENSE: Suspension from athletic program for one calendar year; conference with school counselor, parents, coach, athletic director, and principal; student will be retested on all random drug testing dates. 75 miles before they are eligible to participate in an athletic competition.

4th OFFENSE: Suspension from athletic program during the remainder of high school attendance.

GENERAL RULES

A. Participation

If you desire to play a sport, you must be enrolled in the athletic period at the beginning of the school year and participate in our strength and conditioning program. Exception is one who moves into the school after the season has begun.

B. Missing Practice

As a member of any Bulldog or Lady Bulldog team, you are expected to be at every practice and meeting. If there is an emergency and you cannot attend practice, you must let your coach know as soon as possible. **You must call your coach; otherwise, your absence will be unexcused.**

C. Late to Practice

Be on time to all practices so the team can stay on their practice schedule.

D. Grades

You are in school to earn an education. You must meet all UIL eligibility requirements in order to participate.

If an athlete fails six consecutive six weeks they will be removed from the athletic program.

E. Conduct

As athletes, you are in the spotlight. Be respectful to others and conduct yourself with class at all times during school. Time spent in AEP or detention will be considered unexcused absences.

F. Out-of-town Trips

We represent the City of Miles and Miles ISD. Do not do anything to embarrass yourself, your teammates, your school, or your town. Miles ISD policies will be followed on any school related trip.

G. Sportsmanship

Treat game officials with respect at all times. Play clean and play fair in every competition.

H. Equipment

The equipment you use is the property of Miles ISD. Take care of it all times. Equipment is not allowed to leave the school/field house without your coach's permission. Any lost or stolen equipment will be paid for.

I. Appearance

All athletes are expected to follow and set the standard for the school dress code.

J. Profanity

Profanity will not be tolerated.

K. Quitting

If an athlete quits one sport, they will not be allowed to participate in any other sports for 90 calendar days. The athlete must also complete 20 miles in 5 consecutive days.

Each athlete will have one calendar week from their first practice to decide if they want to play that sport. After that week is up they will follow the quitting policy.

If both coach and student mutually agree that removal is in the best interest of the student and program, with approval of the athletic director, there will be no penalty.

L. Removal

If an athlete is removed from a program for violating team or athletic policy rules, they will not be allowed to participate in any other sport for 60 calendar days. The athlete must also complete 20 miles in 5 consecutive days.

M. Re-Entry

If an athlete chooses to re-enter athletics they must be enrolled in our strength and conditioning program at the beginning of the semester, but they are not eligible to compete in competition until the next semester starts.

The athlete must also complete 20 miles conditioning within 5 consecutive days of re-entry under coaches supervision.

N. Lettering Policy

An athlete earns a letter jacket by meeting the required expectations and sacrifices determined by the head coach of that sport.

PARENT/COACH COMMUNICATION

A. Conferences

Allow 24 hours after a competition to set up a conference with the coach of your child. This allows for a cool down period for all parties.

Proper procedure for setting up meetings is to contact the Head Coach of the particular sport to meet with first, then the Athletic Director, followed by the Principal, and finally the Superintendent.

B. Non-Negotiables

Playing time will not be discussed, other student-athletes will not be discussed, and any play calling or team strategy.

INJURIES/NOTES/INSURANCE/SPORTS MED

A. Injuries

Athletes who are injured must still follow all attendance and dress code policies, unless approved by their coach of that sport.

B. Parent Notes/ Doctor Notes

Parent notes are good for two consecutive days. After two days your child will return to normal athletic participation. If your child needs more than two consecutive days to recover without a doctor’s note, please communicate with their coach.

Doctor notes will be followed exactly as written. An athlete may not return to athletic participation until the required date given by their doctor.

C. Insurance

Miles I.S.D. provides a secondary insurance policy for all students, at no cost to the parent/guardian, called Texas Kids First. It is intended to be used as a supplemental policy.

D. Sports Med

Provides treating and recovery method for our school at no additional cost. We ask that if your athlete has an injury worthy of seeing a doctor that you go to Sports Med first for diagnosis and treatment.

*** The athletic director may make any exceptions to the above policies, based on special circumstances for the overall best interest of the program and student.

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I acknowledge the above rules and agree to abide by them. I also understand that breaking any of the above rules will result in disciplinary action. _____

_____ Student Athlete Signature Date _____

_____ Parent/Guardian Signature Date _____