

SEPTEMBER 2019

Miles ISD 9-12th

Prices: Student \$2.80 Staff \$3.90 Visitor \$4.50

Monday

HOLIDAY²

Tuesday

TEX-MEX STACK OR CHICKEN FAJITAS BEANS, RICE, BABY CARROTS, SALSA, GARNISH, CINNAMON APPLES.

SHERBERT CUP

CHICKEN ALFREDO W/

Wednesday

BREADSTICKS OR CHEESY BREADSTICKS W/ MARINARA SAUCE ITALIAN VEGGIES,

ITALIAN VEGGIES, GARDEN SALAD, SNOWBALL SALAD

Thursday

RANCHERO WRAP W/ CORN OR COUNTRY POT PIE

VEGGIE CUP, SALSA, PEACHES, DESSERT

Friday

CRAZY CHICKEN BOWL OR BREADED PORK CHOP

GREEN BEANS, ROLLS, APPLE SLICES

ENCHILADAS OR TAQUITOS W/ QUESO

BEANS, CORN, SALSA, FRESH FRUIT, DESSERT

MEATBALL SUB W/ TOTS OR CHILI CHEESE COMBO

VEGGIE CUP, STRAWBERRIES

CHICKEN NUGGETS W/ MAC & CHEESE, GREEN BEANS

OR
TANGERINE CHICKEN W/ RICE &
EGGROLL

GARDEN SALAD, FRUITY GELATIN

PIZZA CHOICE

VEGGIE CUP, CORN, GRAPES, DESSERT

HAMBURGER/CHEESEBURGER OR POTATO BOWL W/ ROLL

VEGGIE CUP, BABY CARROTS, CINNAMON APPLESAUCE, GARNISH

PIZZA CHOICE

16

BABY CARROTS, CORN PINEAPPLE TIDBITS DESSERT

CRISPY TACOS W/ RICE OR FRITO PIE

VEGGIE CUP, BEANS, SALSA, GARNISH, ORANGE SMILES

LASAGNA W/ ITALIAN VEGGIES OR CHICKEN NUGGETS W/ MASHED POTATOES

BROCCOLI BITES, ROLL, SNOWBALL SALAD

HAMBURGER/CHEESEBURGER OR HOT DOG

FRIES, BABY CARROTS, GARNISH, FRUIT CUP

PULLED PORK SLIDERS WAY CHIPS OR CHICKEN PARMESAN W/ BREADSTICKS

GREEN BEANS, GARDEN SALAD, GRAPES, DESSERT

COUNTRY FRIED STEAK OR CHICKEN PATTY

MASHED POTATOES, OKRA, ROLL, CRÈME GRAVY, STRAWBERRIES

MEAT & CHEESE CHALUPAS OR ENCHILADAS

RICE, VEGGIE CUP, BEANS, GARNISH ROSY APPLESAUCE, SALSA

CHICKEN TENDERS W/BISCUIT & GRAVY OR HAMBURGER/CHEESEBURGER

BROCCOLI BITES, BABY CARROTS, GARNISH, FRUIT SLUSHIES

CHICKEN SPAGHETTI W/ BREAD-STICKS OR PIZZA

GARDEN SALAD GLAZED CARROTS APPLE SLICES DESSERT

SHRIMP POPPERS W/ MAC & CHEESE OR BBQ ON A BUN

COLESLAW, GREEN BEANS, ORANGE SMILES, DESSERT

STEAK FINGERS W/ GRAV ROLL OR ROAST BEEF SAND WICH

MASHED POTATOES

VEGGIE CUP
PINEAPPLE-ORANGE FRUIT MIX

OFFERED DAILY: FRESH FRUIT/WATER & 1% WHITE OR FLAVORED MILK

GARDEN SALAD, BABY CARROTS & VEGGIE CUP ARE SERVED W/ LITE RANCH

This institution is an equal opportunity provider.

